

Rancho San Dieguito

RECORDS Current Long Co

LC Meters-Female

8 & U	50 Free	35.82	21-Jun-01	RSD SI	Nicole J. Parmentier	NOVA AA
	100 Free	1:21.04	21-Jun-01	RSD SI	Nicole J. Parmentier	NOVA AA
	200 Free	3:26.64	30-May-03	RSD SI	Ellie G. Abrahamson	
	50 Back	42.70	21-Jun-01	RSD SI	Nicole J. Parmentier	NOVA AA
	100 Back	1:36.54	12-Aug-03	RSD SI	Ellie G. Abrahamson	
	50 Breast	50.77	15-Jul-06	RSD SI	Jolie B. Rasmussen at California State Games	
	100 Breast	1:52.69	13-Mar-10	RSD SI	Hanna Faulstich at 2010 SI PS AB All Ages Meet	
	50 Fly	46.31	1-Jan-97	RSD SI	Dara Guss	
	100 Fly	1:51.93	6-May-05	RSD SI	Hannah E. Riggle at SBA A/B All Ages LC	
	200 IM	3:49.64	16-Jul-04	RSD SI	Emma Abrahamson at SBA 12/U ABC & Open NTS	
	200 Free Relay	10:00.00	1-Jan-80		Pending	
	200 Medley Relay	10:00.00	1-Jan-80		Pending	
	9-10	50 Free	32.31	1-Jan-95	RSD SI	Kate Dulgar
100 Free		1:07.91	13-Aug-09	UNAT SI	Savannah L. DuPuis at 2009 SILC JUNIOR OLYMPICS	
200 Free		2:27.05	13-Aug-09	UNAT SI	Savannah L. DuPuis at 2009 SILC JUNIOR OLYMPICS	
400 Free		5:06.33	26-Jun-09	UNAT SI	Savannah L. DuPuis at 2009 SI SBA AB All Ages Meet	
50 Back		37.05	1-Jan-97	RSD SI	M. Seaman	
100 Back		1:20.86	1-Jan-97	RSD SI	M. Seaman	
50 Breast		41.00	13-Aug-09	UNAT SI	Savannah L. DuPuis at 2009 SILC JUNIOR OLYMPICS	
100 Breast		1:28.41	13-Aug-09	UNAT SI	Savannah L. DuPuis at 2009 SILC JUNIOR OLYMPICS	
50 Fly		35.71	27-Jul-06	RSD SI	Carly E. Rasmussen at 2006 SILC JUNIOR OLYMPICS	
100 Fly		1:21.45	24-Jul-09	UN SI	Savannah L. DuPuis at 2009 SI ESC AB All Ages Meet	
200 IM		2:47.80	13-Aug-09	UNAT SI	Savannah L. DuPuis at 2009 SILC JUNIOR OLYMPICS	
200 Free Relay		2:21.66	15-Jul-06	RSD SI	RSD	S. Knight, C. Rasmussen, M. Uebelhor, K. Lawson
200 Medley Relay		2:45.07	14-Aug-01	RSD SI	Rancho San Dieguito	, M. Marinos, K. Loy
11-12	50 Free	28.27	26-Jul-07	RSD SI	Allison R. de Peralta at 2007 SILC JUNIOR OLYMPICS	
	100 Free	1:02.43	26-Jul-07	RSD SI	Allison R. de Peralta at 2007 SILC JUNIOR OLYMPICS	
	200 Free	2:18.23	26-Jul-07	RSD SI	Allison R. de Peralta at 2007 SILC JUNIOR OLYMPICS	
	400 Free	4:51.94	1-Jan-92	RSD SI	A. Graf	
	800 Free	10:43.58	5-Jul-08	RSD SI	Shane Knight at 2008 SI SBA AB All Ages Long Course	
	1500 Free	20:19.75	5-Jul-08	RSD SI	Shane Knight at 2008 SI SBA AB All Ages Long Course	
	50 Back	34.21	1-Jan-97	RSD SI	Kate Dulgar	
	100 Back	1:15.19	13-Aug-02	RSD SI	Linda Hermann at Long Course Junior Olympics	
	200 Back	2:52.86	14-Jul-01	RSD SI	Dara Guss	
	50 Breast	37.10	14-Aug-01	RSD SI	Stephanie L. Price at Long Course JO	
	100 Breast	1:19.80	14-Aug-01	RSD SI	Stephanie L. Price at Long Course JO	
	200 Breast	2:55.07	2-Aug-01	RSD SI	Stephanie Price	
	50 Fly	31.66	24-Jul-08	RSD SI	Carly E. Rasmussen at 2008 SILC JUNIOR OLYMPICS	
	100 Fly	1:09.83	24-Jul-08	RSD SI	Carly E. Rasmussen at 2008 SILC JUNIOR OLYMPICS	
	200 Fly	2:56.12	14-Jul-01	RSD SI	Dara Guss	
	200 IM	2:36.49	27-Apr-07	RSD SI	Allison R. de Peralta at Pacific Swim Long Course A/B/C Meet North	
	400 IM	5:57.79	14-Jul-01	RSD SI	Dara Guss	
	200 Free Relay	2:02.05	24-Jul-08	RSD SI	Rancho San Dieguito	S. Knight, C. Rasmussen, K. Lawson, M. Uebelhor
	400 Free Relay	10:00.00	1-Jan-80		Pending	
	200 Medley Relay	2:19.29	24-Jul-08	RSD SI	Rancho San Dieguito	M. Uebelhor, S. McIntee, C. Rasmussen, S. Knight
	400 Medley Relay	10:00.00	1-Jan-80		Pending	

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13-14	50 Free	27.86	13-Mar-10	RSD SI	Rochelle Y. Dong at 2010 SI PS AB All Ages Meet
	100 Free	1:01.21	13-Mar-10	RSD SI	Rochelle Y. Dong at 2010 SI PS AB All Ages Meet
	200 Free	2:13.59	21-Jul-05	RSD SI	Mia Marinos at 2005 Speedo Summer Championship
	400 Free	4:43.46	28-Jul-05	RSD SI	Mia Marinos at 2005 SI LC Junior Olympics
	800 Free	9:35.22	29-Jul-04	RSD SI	Murphy Wimer at 2004 SILC Junior Olympics
	1500 Free	18:40.81	29-Jul-04	RSD SI	Murphy Wimer at 2004 SILC Junior Olympics
	100 Back	1:11.14	19-Jun-03	RSD SI	Caitlin E. Keenan at So Cal AA Swimming Championships
	200 Back	2:32.80	18-Jun-04	RSD SI	Caitlin Keenan at NCA A/B All Ages
	100 Breast	1:17.76	27-Jun-03	RSD SI	Stephanie L. Price at NCA "A" All ages
	200 Breast	2:45.36	6-Aug-02	RSD SI	Stephanie L. Price at Western Zone Championships
	100 Fly	1:06.95	22-Jul-09	RSD SI	Allison R. de Peralta at 2009 CA/NV Speedo Championship Series
	200 Fly	2:34.77	29-Jul-04	RSD SI	Murphy Wimer at 2004 SILC Junior Olympics
	200 IM	2:30.79	29-Jul-04	RSD SI	Murphy Wimer at 2004 SILC Junior Olympics
	400 IM	5:12.61	29-Jul-04	RSD SI	Murphy Wimer at 2004 SILC Junior Olympics
	200 Free Relay	2:07.40	16-Jul-05	RSD SI	Rancho San Dieguito M. Silvas, K. Loy, A. Presar
	400 Free Relay	4:09.70	29-Jul-04	RSD SI	Rancho San Dieguito L. Hermann, M. Wimer, C. Keenan, M. Marinos
	800 Free Relay	9:00.60	29-Jul-04	RSD SI	Rancho San Dieguito C. Keenan, M. Wimer, M. Marinos, L. Hermann
	200 Medley Relay	2:27.08	16-Jul-05	RSD SI	Rancho San Dieguito K. Loy, A. Presar, M. Silvas
	400 Medley Relay	4:48.59	29-Jul-04	RSD SI	Rancho San Dieguito C. Keenan, M. Wimer, M. Marinos, L. Hermann
	800 Medley Relay	20:00.00	1-Jan-80		Pending
15-18	50 Free	27.88	26-Jul-07	RSD	Linda Hermann
	100 Free	59.61	19-Jul-06	RSD	Linda Hermann
	200 Free	2:08.29	26-Jul-07	RSD	Linda Hermann
	400 Free	4:32.71	28-Jul-05	RSD	Murphy Wimer
	800 Free	9:18.67	28-Jul-05	RSD	Murphy Wimer
	1500 Free	18:13.69	21-Jul-05	RSD	Murphy Wimer
	100 Back	1:09.49	9-Aug-06	RSD	Brett Pedley
	200 Back	2:28.40	26-Jul-07	RSD	Brett Pedley
	100 Breast	1:14.42	9-Aug-00	RSD	Alice Orr
	200 Breast	2:39.73	6-Aug-99	RSD	Alice Orr
	100 Fly	1:06.70	21-Jul-05	RSD	Brigette O'Shaughnessy
	200 Fly	2:24.02	26-Jul-07	RSD	Murphy Wimer
	200 IM	2:25.13	26-Jul-07	RSD	Linda Hermann
	400 IM	5:02.53	26-Jul-07	RSD	Linda Hermann
	400 Free Relay	4:04.28	21-Jul-05	RSD	B Shaughnessy, C Keenan, M Marinos, L Hermann
	800 Free Relay	8:48.33	21-Jul-05	RSD	M Wimer, M Marinos, B O'Shaughnessy, L Hermann
	400 Medley Relay	4:38.05	21-Jul-05	RSD	C Keenan, M Wimer, B O'Shaughnessy, L Hermqnn
Open	50 Free	27.86	13-Mar-10	RSD SI	Rochelle Y. Dong at 2010 SI PS AB All Ages Meet
	100 Free	59.61	19-Jul-06	RSD	Linda Hermann
	200 Free	2:08.29	26-Jul-07	RSD	Linda Hermann
	400 Free	4:32.71	28-Jul-05	RSD	Murphy Wimer
	800 Free	9:18.67	28-Jul-05	RSD	Murphy Wimer
	1500 Free	18:13.69	21-Jul-05	RSD	Murphy Wimer
	100 Back	1:09.49	9-Aug-06	RSD	Brett Pedley
	200 Back	2:28.40	26-Jul-07	RSD	Brett Pedley
	100 Breast	1:14.42	9-Aug-00	RSD	Alice Orr
	200 Breast	2:39.73	6-Aug-99	RSD	Alice Orr
	100 Fly	1:06.70	21-Jul-05	RSD	Brigette O'Shaughnessy
	200 Fly	2:24.02	26-Jul-07	RSD	Murphy Wimer
	200 IM	2:25.13	26-Jul-07	RSD	Linda Hermann

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Open	400 IM	5:02.53	26-Jul-07	RSD	Linda Hermann
.	400 Free Relay	4:04.28	21-Jul-05	RSD	B O'Shaughnessy, C Keenan, M Marinos, L Hermann
.	800 Free Relay	8:48.33	21-Jul-05	RSD	M Wimer, M Marinos, L Hermann, B O'Shaughnessy
.	400 Medley Relay	4:38.05	21-Jul-05	RSD	C Keenan, M Wimer, B Shaughnessy, L Hermann

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RECORDS Current Long Co

LC Meters-Male

8 & U	50 Free	39.31	18-Apr-08	RSD SI	Anderson S. Lee at Pacific Swim A/B/C All Ages	
	100 Free	1:27.67	18-Apr-08	RSD SI	Anderson S. Lee at Pacific Swim A/B/C All Ages	
	200 Free	3:16.18	18-Apr-08	RSD SI	Anderson S. Lee at Pacific Swim A/B/C All Ages	
	50 Back	43.46	18-Apr-08	RSD SI	Anderson S. Lee at Pacific Swim A/B/C All Ages	
	100 Back	1:36.01	26-Jul-07	RSD SI	Anderson S. Lee at 2007 SILC JUNIOR OLYMPICS	
	50 Breast	56.49	23-May-08	RSD SI	Alex Scemanenco at 2008 NCA A/B Long Course Meet	
	100 Breast	2:00.39	21-Jun-08	RSD SI	Alex Scemanenco at 2008 SI WSST ABC 12&U	
	50 Fly	45.56	18-Apr-08	RSD SI	Anderson S. Lee at Pacific Swim A/B/C All Ages	
	100 Fly	10:00.00	1-Jan-80		Pending	
	200 IM	3:40.77	18-Apr-08	RSD SI	Anderson S. Lee at Pacific Swim A/B/C All Ages	
	200 Free Relay	10:00.00	1-Jan-80		Pending	
	200 Medley Relay	10:00.00	1-Jan-80		Pending	
	9-10	50 Free	32.78	1-Jan-95	RSD SI	Dane Julien
		100 Free	1:12.42	1-Jan-95	RSD SI	Dane Julien
200 Free		2:32.56	1-Jan-95	RSD SI	Dane Julien	
400 Free		6:08.61	18-Apr-08	RSD SI	Griffin D. O'Malley at Pacific Swim A/B/C All Ages	
50 Back		39.16	13-Aug-09	RSD SI	Anderson S. Lee at 2009 SILC JUNIOR OLYMPICS	
100 Back		1:26.15	17-Jul-09	RSD SI	Anderson S. Lee at 2009 CA MVN Last Chance LC Blue Age Group Mee	
50 Breast		44.86	1-Jan-97	RSD SI	Kevin White	
100 Breast		1:33.54	1-Jan-97	RSD SI	Kevin White	
50 Fly		35.08	1-Jan-95	RSD SI	Dane Julien	
100 Fly		1:20.33	1-Jan-95	RSD SI	Dane Julien	
200 IM		2:56.07	1-Jan-95	RSD SI	Dane Julien	
200 Free Relay		2:21.25	1-Jan-95	RSD SI	B. Foreman, K. Burdic, J. Corren, D. Julien	
200 Medley Relay		2:40.35	1-Jan-95	RSD SI	K. Burdic, J. Corren, D. Julien, B. Foreman	
11-12		50 Free	30.00	27-Apr-07	RSD SI	Mickey Mackle at Pacific Swim Long Course A/B/C Meet North
	100 Free	1:02.93	27-Apr-07	RSD SI	Mickey Mackle at Pacific Swim Long Course A/B/C Meet North	
	200 Free	2:16.73	27-Apr-07	RSD SI	Mickey Mackle at Pacific Swim Long Course A/B/C Meet North	
	400 Free	4:42.95	27-Apr-07	RSD SI	Mickey Mackle at Pacific Swim Long Course A/B/C Meet North	
	800 Free	10:45.57	18-Jun-04	RSD SI	Curtis Robinson at NCA A/B All Ages	
	1500 Free	21:14.31	18-Jun-04	RSD SI	Curtis Robinson at NCA A/B All Ages	
	50 Back	34.76	7-Jul-06	RSD SI	Dorcey G. Abshier at NCA A/B July	
	100 Back	1:15.41	27-Apr-07	RSD SI	Mickey Mackle at Pacific Swim Long Course A/B/C Meet North	
	200 Back	10:00.00	1-Jan-80		Pending	
	50 Breast	40.95	1-Jan-98	RSD SI	Kevin White	
	100 Breast	1:21.70	27-Apr-07	RSD SI	Mickey Mackle at Pacific Swim Long Course A/B/C Meet North	
	200 Breast	10:00.00	1-Jan-80		Pending	
	50 Fly	33.97	1-Jan-97	RSD	David Sanford	
	100 Fly	1:14.99	1-Jan-97	RSD SI	Dane Julien	
	200 Fly	10:00.00	1-Jan-80		Pending	
	200 IM	2:32.43	27-Apr-07	RSD SI	Mickey Mackle at Pacific Swim Long Course A/B/C Meet North	
	400 IM	10:00.00	1-Jan-80		Pending	
	200 Free Relay	2:06.42	27-Jul-06	RSD SI	Rancho San Dieguito D. Abshier, M. Mackle, T. Kelly, D. Lawson	
	400 Free Relay	10:00.00	1-Jan-80		Pending	
	200 Medley Relay	2:23.74	27-Jul-06	RSD SI	Rancho San Dieguito D. Abshier, M. Mackle, M. Magnaghi, T. Kelly	
	400 Medley Relay	10:00.00	1-Jan-80		Pending	

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13-14	50 Free	25.90	26-Jul-07	RSD SI	Stefan Knight at 2007 SILC JUNIOR OLYMPICS	
	100 Free	57.18	26-Jul-07	RSD SI	Stefan Knight at 2007 SILC JUNIOR OLYMPICS	
	200 Free	2:04.94	5-Jul-08	RSD SI	Mickey Mackle at 2008 SI SBA AB All Ages Long Course	
	400 Free	4:21.93	5-Mar-08	RSD SI	Mickey Mackle at 2008 Speedo CA-NV Spring Sectionals	
	800 Free	8:58.16	5-Jul-08	RSD SI	Mickey Mackle at 2008 SI SBA AB All Ages Long Course	
	1500 Free	17:01.27	16-Jul-08	RSD SI	Mickey Mackle at 2008 CA/NV Speedo Championship Series	
	100 Back	1:07.17	22-Jun-07	RSD SI	Stefan Knight at 2007 SI NCA AB All Ages Meet June 2007	
	200 Back	2:22.33	1-Jan-97	RSD SI	James Fenney	
	100 Breast	1:13.75	1-Jan-97	RSD SI	James Fenney	
	200 Breast	2:36.36	2-Aug-01	RSD SI	Kevin White	
	100 Fly	1:04.65	24-Apr-09	UN SI	Mickey Mackle at 2009 NCA A/B Long Course All Ages	
	200 Fly	2:21.57	5-Jul-08	RSD SI	Mickey Mackle at 2008 SI SBA AB All Ages Long Course	
	200 IM	2:18.60	24-Jul-08	RSD SI	Mickey Mackle at 2008 SILC JUNIOR OLYMPICS	
	400 IM	4:52.62	23-May-08	RSD SI	Mickey Mackle at SPEEDO Grand Challenge	
	200 Free Relay	10:00.00	1-Jan-80	RSD SI	Pending	
	400 Free Relay	4:04.13	26-Jul-07	RSD SI	Rancho San Dieguito	D. Abshier, J. Groot, M. Mackle, S. Knight
	800 Free Relay	8:45.80	26-Jul-07	RSD SI	Rancho San Dieguito	M. Mackle, J. Groot, D. Abshier, S. Knight
	200 Medley Relay	10:00.00	1-Jan-80	RSD SI	Pending	
	400 Medley Relay	4:34.36	26-Jul-07	RSD SI	Rancho San Dieguito	D. Abshier, M. Mackle, J. Groot, S. Knight
	800 Medley Relay	20:00.00	1-Jan-80		Pending	
15-18	50 Free	24.54	5-Aug-08	SDI SI	Stefan Knight at 2008 Western Zones Swimming Championships	
	100 Free	54.01	5-Mar-08	RSD	Stefan Knight	
	200 Free	2:00.26	22-Jul-09	RSD SI	Macklin Groot at 2009 CA/NV Speedo Championship Series	
	400 Free	4:16.45	22-Jul-09	RSD SI	Macklin Groot at 2009 CA/NV Speedo Championship Series	
	800 Free	8:51.54	13-Aug-09	RSD SI	Mickey Mackle at 2009 SILC JUNIOR OLYMPICS	
	1500 Free	16:34.79	22-Jul-09	RSD SI	Mickey Mackle at 2009 CA/NV Speedo Championship Series	
	100 Back	1:03.66	2-Aug-01	RSD	John Rogers	
	200 Back	2:20.98	21-Jun-01	RSD	John Rogers	
	100 Breast	1:08.81	16-Jul-08	RSD	Keegan Groot	
	200 Breast	2:27.82	16-Jul-08	RSD	Keegan Groot	
	100 Fly	1:01.64	24-Jul-08	RSD	Stefan Knight	
	200 Fly	2:16.80	1-Aug-00	RSD	John Rogers	
	200 IM	2:14.30	13-Aug-09	RSD SI	Mickey Mackle at 2009 SILC JUNIOR OLYMPICS	
	400 IM	4:44.12	5-Mar-08	RSD	Keegan Groot	
	400 Free Relay	3:50.18	5-Mar-08	RSD	S Knight, C Miller, D Saito, K Groot	
	800 Free Relay	8:24.70	5-Mar-08	RSD	K Groot, J Groot, S Knight, C Miller	
	400 Medley Relay	4:20.70	5-Mar-08	RSD	K Groot, C Miller, J Groot, S Knight	
Open	50 Free	24.54	5-Aug-08	RSD	Stefan Knight	2008 Western Zone Championships
	100 Free	54.01	5-Mar-08	RSD	Stefan Knight	
	200 Free	2:00.26	22-Jul-09	RSD SI	Macklin Groot at 2009 CA/NV Speedo Championship Series	
	400 Free	4:16.45	22-Jul-09	RSD SI	Macklin Groot at 2009 CA/NV Speedo Championship Series	
	800 Free	8:51.54	13-Aug-09	RSD SI	Mickey Mackle at 2009 SILC JUNIOR OLYMPICS	
	1500 Free	16:34.79	22-Jul-09	RSD SI	Mickey Mackle at 2009 CA/NV Speedo Championship Series	
	100 Back	1:03.66	2-Aug-01	RSD	John Rogers	
	200 Back	2:20.98	21-Jun-01	RSD	John Rogers	
	100 Breast	1:08.81	16-Jul-08	RSD	Keegan Groot	
	200 Breast	2:27.82	16-Jul-08	RSD	Keegan Groot	
	100 Fly	1:01.64	24-Jul-08	RSD	Stefan Knight	
	200 Fly	2:16.80	1-Aug-00	RSD	John Rogers	
	200 IM	2:14.30	13-Aug-09	RSD SI	Mickey Mackle at 2009 SILC JUNIOR OLYMPICS	

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RECORDS Current Long Co

Open	400 IM	4:44.12	5-Mar-08	RSD	Keegan Groot	
	400 Free Relay	3:47.32	16-Jul-08	RSD SI	Rancho San Dieguito	S. Knight, M. Mackle, D. Saito, K. Groot
	800 Free Relay	8:19.19	16-Jul-08	RSD SI	Rancho San Dieguito	K. Groot, M. Mackle, J. Groot, S. Knight
	400 Medley Relay	4:20.70	5-Mar-08	RSD SI	Rancho San Dieguito	K. Groot, C. Miller, J. Groot, S. Knight